What is Hospice?

- Hospice care at home provides comprehensive medical, emotional, and spiritual support to terminally ill patients in their own homes
- Focuses on comfort and quality of life.
- Delivered by a dedicated team of professionals, including doctors, nurses, social workers, and chaplains
- Coordination with the patient and their primary caregiver to create a care plan.
- Primary services include symptom and pain management, medications, medical equipment, personal care assistance, spiritual support and 24/7 on-call support for emergencies.

What does your Hospice Benefit include?

Hospice is 100% covered by Medicare, Medicaid & most insurance plans.

- Nursing support available day and night
- Rapid response time
- Aide services to assist with personal care and homemaking
- Volunteers to assist with errands, meals, and provide companionship
- Counseling services for patient and/or caregivers, children, grandchildren
- Pharmacy & medical consultation from a Hospice Physician.
- Respite care for caregiver relief
- Social workers/family support specialists
- Medications related to diagnosis - paid for by hospice
- Medical equipment and incontinent supplies
- Spiritual care, prayer, guidance, loving support

When is Hospice right for you & your loved one?

- When treatment is no longer improving your condition, and the focus shifts toward comfort, peace and quality of life
- When hospital visits are becoming more frequent and less effective (ideally, we can step in before this point)
- When more time is spent resting and daily activities become harder to manage
- When managing symptoms, medications or care decisions alone becomes overwhelming

Common Myths About Hospice

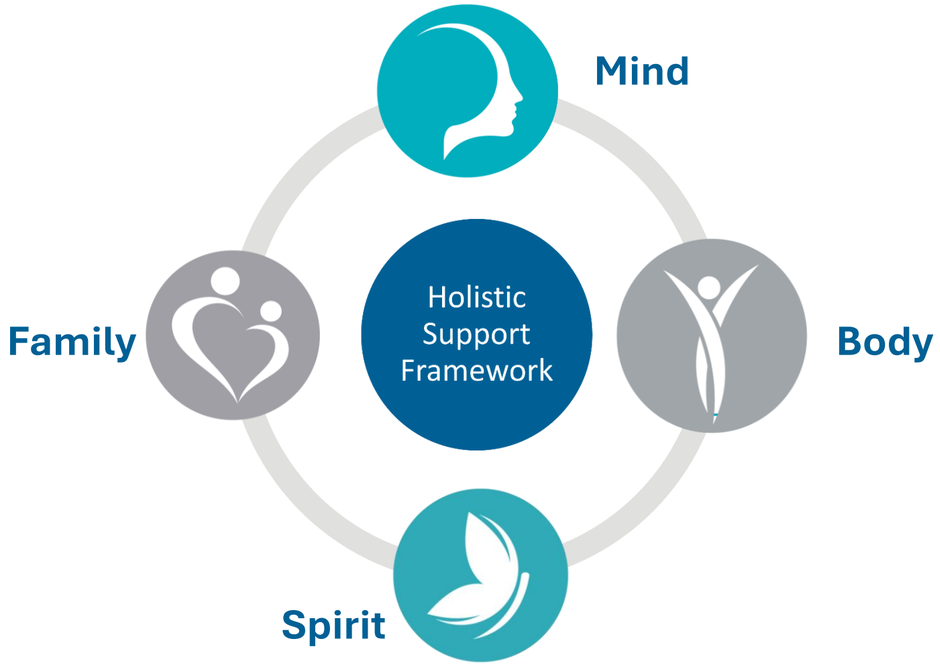
Understanding the truth behind the most common hospice misconceptions.

Myth	Fact
Hospice is a place.	Hospice care is a philosophy and approach to care that prioritizes quality of life, and it can be offered wherever a patient calls home.
Hospice care is only for cancer patients.	Hospice care is for any person with a life-limiting illness, not limited to cancer, and focuses on comfort and quality of life.
Hospice is the course you take when nothing else can be done.	Choosing hospice is not solely about reaching the end of treatment options; it's about receiving the right care at the right time. For many, there comes a point when curative treatments are no longer beneficial and may contribute to discomfort rather than relief. Choosing hospice does not remove options; rather, it gives you access to a caring team that prioritizes your comfort and quality of life, ensuring you receive consistent support and guidance throughout your care journey.
Hospice care is only for the last days of life.	While hospice has the skills and expertise to support patients during the last days of life, engaging hospice sooner allows your care team to prepare you and your loved ones—guiding you through crucial conversations and decisions.

The Need for Finding Peace

The Structure of the Finding Peace Program

1. Preparing for a Meaningful Goodbye
2. Creating Meaningful Moments Together
3. Honoring Final Moments



Walking Through the Phases Together

Phase 1

- Learning what hospice truly means
- Building trust with the care team
- Getting important items organized
- Opening space for honest conversations

Phase 2

- Finding confidence in caregiving and the journey ahead
- Sharing stories and laughter
- Nurturing gratitude and connection

Phase 3

- Providing comfort and presence
- Creating peace in daily moments
- Saying goodbye with intention
- Continuing care for the family

FINDING PEACE
A Meaningful Goodbye

How to Prepare Along the Way

- Be open to the conversation about end-of-life planning
- Know that you have choices about your care
- Talk early and often
- Use resources like the Finding Peace program to guide conversations
- Empower others to engage in dialogue

FINDING PEACE
A Meaningful Goodbye